



SUMMER LACROSSE CLINICS

College Practice Camp at UMBC

June 5th, 6th, 12th, 19th & July 10th, 11th, 24th, 25th

Middle School athletes: 5pm-7pm ~ High School athletes: 7pm -9pm

Location: UMBC Turf Field

Cost: \$75 each session

****3 sessions: \$210 6 sessions: \$390 8 sessions: \$480****

cash or check (payable to ONENINE Lacrosse)

Camp Topics

Conditioning ~ Attack Skills ~ Defense Skills ~ Man Up/Man Down ~ Full Field Transition Drills ~ Small-sided Games

The "college practice" is a clinic run like a college practice.
You will learn concepts vital to your growth as a high school lacrosse player.

Registration:

Name: _____ Email: _____

Grade: _____ Club Team: _____

Session (circle all that apply) **June** 5th 6th 12th 19th **July** 10th 11th 24th 25th

Insurance Information: _____

Insurance policy #: _____

Please mail your payment (made out to **ONENINE Lacrosse**) and registration to:

UMBC Summer Lax Camps
UMBC Women's Lacrosse
1000 Hilltop Circle, Baltimore, MD 21250

*The funds raised will be administered by the UMBC Foundation, Inc. for benefit of the women's lacrosse program

I knowingly assume all risks associated with participation in the sport of lacrosse. The University of Maryland, Baltimore County or parties involved are not liable for any injury that may occur at this event. As a participant I take full responsibility for my actions and participation in this event. I certify that I am in good physical condition and suffer from no injury or condition that may prohibit me from participating in this event. I give permission to the director to request medical treatment as necessary to insure my well being.

parent signature

date